

Mid-Cycle Check In: Mentor Connect and Indigenous Mentorship Program

The mid-point of a mentoring cycle is a good time to take stock of your progress, congratulate yourselves on your successes and consider any goals that have proven tricky to attain. Do any of your goals need to be adjusted? Is a course-correction needed to get back on track?

Mentee Name:	
Mentor Name:	

What Have We Accomplished So Far?

Have we made the progress we hoped for at this point?	
Has anything come up that interfered with or delayed our success?	
Are our goals still S.M.A.R.T. (Specific, Measurable, Attainable, Realistic, Timely)?	
Is there anything else we can do without losing track of what we set out to accomplish?	
Comments:	

Course Corrections

Should we change how often we meet?	More Often	Less Often	Same
Should our meetings be longer/shorter?	Longer	Shorter	Same



Have we run into any problems scheduling our meetings or agreeing on what we would cover?	Yes No
Should we change the way we meet (in-person, video, etc.)	Yes No
Are we still enjoying the process?	Yes No
Comments:	

Signatures

Mentee:	Date:
Mentor:	Date: